



**Enhance and support your immune system the natural way**

**Prebiotic enriched porridge**

**A nutritious and filling porridge to be enjoyed by people of all ages**

**IMMUNO-MEAL** is specifically enriched with a combination of:

- Vitamins • Minerals • Prebiotics • Omega-3 and Omega-6 fatty acids • Isoflavones • Proteins

Immuno-meal porridge presents an affordable, nutritious and healthy meal that includes Prebiotics and a special mix of vitamins and minerals, which improve the body's immune status, so limiting the risks of opportunistic diseases. Formulated to revive the immune system, immuno-meal porridge is particularly suited to the nutritional needs of people who are already suffering from diseases as chronic as HIV/Aids, or for people who know that they need to supplement their existing diet with a balanced intake of vitamins, minerals and other nutritional elements.

Immuno-meal is a pre-cooked maize and soy combination that is highly enriched with vitamins and minerals. Immuno-meal is fortified to 100% per serving\* regarding vitamins, and is extensively enriched in Zinc, Iron and Selenium, minerals that are often identified as being in short supply with people suffering from chronic diseases.

Immuno-meal is also unique in that it includes prebiotics, the stimulant that causes your probiotics to grow and multiply.

Prebiotics, also referred to as 'colon food', are of the Fructo-Oligosaccharides (FOS) type and serve both as a source of food for the Probiotics in the colon as well as a source of dietary fibre.

**Nutritional Information:**

	Immuno-meal	Immuno-meal 12FP
Energy Value	1660kj	1509kj
Protein (fat free basis)	18g	12g
Fat	8.4g	1.4g
Carbohydrates	63.6g	72.7g
Prebiotics	6.4g	3.8g
(Above stated per 100g)		
Vitamins	100% RDA	50% RDA
Minerals	>35% RDA	>35% RDA
(%Recommended Daily Allowance per 80g portion for persons 10 years and older)		

**Fight diseases naturally!**



**NEW!**

**Now an even more affordable Immuno-meal 12FP pack available**